

ANTI-DOPING FAQs



Inadvertent Doping

Inadvertent doping occurs when an athlete takes a medication to treat an injury or illness without realising that it contains a prohibited substance. It can also happen when an athlete takes a supplement that may contain impurities such as ingredients that are not listed on the label which could cause a positive test.

What Can I do : : Learn how to check your medication and supplements

Strict Liability

Athletes are responsible for checking the status of all substances and medications they consume - ignorance is no excuse. Ultimately athletes are responsible for what they ingest - hence strict liability.

What Can I do : : Before taking it, check it!

How do I check my medication?

The following online websites provide athletes and support personnel with information about the prohibited status of specific medications based on the current World Anti-Doping Agency (WADA) Prohibited List.

Eirpharm : : www.eirpharm.com medication purchased in Southern Ireland can be checked.

Medication Checker :: Sport Ireland (previously Irish Sport Council) App available.



Globaldro :: www.globaldro.com medication purchased in Northern Ireland, UK, Canada, USA, Japan, and Australia can be checked.



Other Countries :: The Global Drug Reference Online website have listed other countries online drug information services to their athletes - [here](#)

100% Me :: Very useful App with Clean Sport information created by UK Anti-Doping.

What is WADA ? :: World Anti-Doping Agency

Prohibited List

WADA has published an annual List of Prohibited Substances and Methods (List). The List identifies the substances and methods prohibited in- and out-of-competition, and in particular sports. The substances and methods on the List are classified by different categories (e.g., steroids, stimulants, gene doping). It is updated 1st January each year.

[WADA 2016 Prohibited List](#)



What Can I do :: Download the free Wada Prohibited List application